

**FCCLA  
KNOWLEDGE BOWL  
STATE & NATIONAL OFFICER CANDIDATE  
PROFICIENCY TEST  
(Idaho Event)**

All candidates for state and national office will be expected to demonstrate their knowledge of FCCLA during an interview to be held Thursday at the State Leadership Conference. Questions will be taken from the following list.

Knowledge Bowl competitors will answer questions, most of which will be taken from this list. Depending on the competition, other questions may be used.

***Questions will be asked from this list but not necessarily in this order.***

### QUESTIONS

1. What do the letters FCCLA stand for?
2. When was the organization founded?
3. When FHA (FCCLA) was established, yearly dues were \$\_\_\_\_\_ per member.
4. What is the FCCLA motto?
5. What is the mission of FCCLA?
6. How many FCCLA purposes are there?
7. Name the purposes.
8. What is your favorite purpose and why?
9. Repeat the Creed.
10. What is our FCCLA "byline"?
11. What is our FCCLA "tagline"?
12. FCCLA is the only student organization that focuses on the \_\_\_\_\_.
13. What are the FCCLA colors?
14. What do the colors represent?
15. What is the FCCLA flower?
16. What is the difference between an FCCLA Comprehensive and an Occupational member?
17. What is the shape of the FCCLA emblem?
18. When FCCLA week is celebrated nationwide?
19. What is the name of the national FCCLA magazine?
20. How is the FCCLA organization primarily funded?
21. What other country has a program similar to FCCLA?
22. Who may become a member of FCCLA?
23. Name professional-technical student organizations in addition to FCCLA. (There are 6 more.)
24. The FCCLA state office is located in what city?
25. Who is the Idaho FCCLA State Adviser?
26. Who is the Idaho FCCLA State Coordinator?
27. Who is the current State President?
28. Who is the FCCLA secretary in the state office?
29. Where is the FCCLA National headquarters located?
30. Who is the FCCLA National Executive Director?

31. What is the National FCCLA Web site address?
32. Where will the National Leadership Meeting be held this summer?
33. What are the four fall regional meetings held across the nation called?
34. Name at least 1 location for Cluster Meetings held this past fall (2008).
35. In what city will the 2009 State Leadership Conference and STAR Events competition be held?
36. How many FCCLA regions are there in the United States?
37. Name the National FCCLA regions.
38. Idaho is in which National FCCLA region?
39. How many FCCLA districts are there in Idaho?
40. What is the name of the process that assists members in sorting out thoughts, analyzing situations and planning for specific goals?
41. List the five steps in the FCCLA planning process.
42. \_\_\_\_\_ provides an orderly system for accomplishing chapter business while protecting the rights of members.
43. What is the official authority on parliamentary procedure for FCCLA?
44. The four basic principles of parliamentary law are:
45. List as many of the National Programs as you can.
46. What does "STAR" in STAR Events stand for?
47. How many STAR Events are there?
48. List as many of the STAR Events as you can.
49. What are the three divisions within each (most) STAR Event?
50. What are the four Idaho competitive events currently offered?
51. What is the purpose of the Financial Fitness project?
52. What are the five areas of Financial Fitness?
53. What program helps members develop individual goals and work on self-improvement?
54. How many units are involved in the Power of One National Program?
55. List the 5 Power of One Units.
56. Community needs are answered through what National Program?
57. Students involved in the Japanese Exchange Program spend \_\_\_\_\_ weeks in Japan with a host family.
58. What are the Families First units? (5)
59. What FCCLA program has an emphasis on impaired driving?
60. What does "FACTS" stand for in the FACTS National Program?
61. What are the units in Career Connection? (6)
62. What is the National Program that provides information, activities and project ideas to help young people learn about leadership?
63. What is the National Program that deals with fitness, self-concept, and freedom from drugs?
64. What does "STOP" in STOP the Violence National Program stand for?
65. What are the three R's of STOP the Violence?
66. What is Step One?

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**ANSWERS**

1. Family, Career and Community Leaders of America
2. June 11, 1945
3. \$.10 per member.
4. Toward New Horizons
5. To promote personal growth and leadership development through Family & Consumer Sciences Education.  
Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through:
  - Character development
  - Creative and critical thinking
  - Interpersonal communication
  - Practical knowledge
  - Vocational preparation
6. Eight.
7. To provide opportunities for personal development and preparation for adult life  
To strengthen the function of the family as a basic unit of society  
To encourage democracy through cooperative action in the home and community  
To encourage individual and group involvement in helping achieve global cooperation and harmony  
To promote greater understanding between youth and adults  
To provide opportunities for making decisions and for assuming responsibilities  
To prepare for the multiple roles of men and women in today's society  
To promote Family and Consumer Sciences and related occupations
8. Your choice
9. We are the Family, Career and Community Leaders of America.  
We face the future with warm courage and high hope.  
For we have the clear consciousness of seeking old and precious values.  
For we are the builders of homes, homes for America's future.  
Homes where living will be the expression of everything that is good and fair.  
Homes where truth and love and security and faith will be realities, not dreams.  
We are the Family, Career and Community Leaders of America.  
We face the future with warm courage and high hope.
10. Building Strong Leaders in Families, Careers and Communities
11. The Ultimate Leadership Experience
12. Family
13. Red and White
14. Red - Strength                      White - Sincerity
15. Red Rose
16. FCCLA Comprehensive - Focus is on Family and Consumer Sciences Education  
FCCLA Occupational - Preparation for jobs/careers in Family and Consumer Sciences
17. Oval
18. February
19. Teen Times
20. Membership dues and corporate sponsorship
21. Japan (FHJ)
22. Anyone who is enrolled in or has been enrolled in a Family and Consumer Sciences course

23. BPA TSA FFA HOSA DECA SkillsUSA
24. Boise, Idaho
25. Theresa Golis
26. Linda Hansing-Brock
27. Mary Lakey
28. Sara Cole
29. Reston, Virginia
30. Michael L Benjamin
31. [www.fcclainc.org](http://www.fcclainc.org)
32. Nashville, Tennessee July 12-16
33. Cluster Meetings
34. Providence, Rhode Island; Jacksonville, Florida; Cincinnati, Ohio; Dallas, Texas
35. Boise, Idaho
36. Four
37. Pacific, Southern, Central, North Atlantic
38. Pacific
39. Six
40. Planning Process
41.
  1. Identify Concerns
  2. Set a Goal
  3. Form a Plan
  4. Act
  5. Follow Up
42. Parliamentary Procedure
43. Robert's Rules of Order, Newly Revised
44.
  1. Courtesy and Justice for All
  2. Minority Must be Heard
  3. One Item of Business at a Time
  4. Majority Must Prevail
45. 

Career Connection	Community Service	Dynamic Leadership
Families First	FACTS	Financial Fitness
Japanese Exchange	Leaders at Work	Power of One
STAR Events	STOP the Violence	Student Body
Meetings: A+ Conferences, Cluster Meetings, National Leadership Meeting		
Other: Advisor Recognition, Member Quest, Step One, Alumni & Associates		
46. Students Taking Action with Recognition
47. 22
48. 

Applied Technology	Career Investigation	Chapter Service Project Display
Chapter Service Project Manual		Chapter Showcase Display
Chapter Showcase Manual	Culinary Arts	Early Childhood
Entrepreneurship	Fashion Design	Financial Planning
Focus on Children	Hospitality	Illustrated Talk
Interpersonal Communications	Interior Design	Job Interview
National Programs in Action	Parliamentary Procedure	Promote and Publicize FCCLA!
Recycle & Redesign	Teach and Train	
49. 

Junior	(Through 9th grade, comprehensive or occupational)
Senior	(10th - 12th grade, comprehensive)
Occupational	(10th - 12th grade, occupational)
50. 

Extemporaneous Speaking	Knowledge Bowl
Creed Speaking (Jr) and Creative Creed (Sr)	National Program Showcase

51. Helps teens manage their finances by developing projects related to earning money, setting spending priorities, shopping for the best buys, reaching long-range goals, and handling adult responsibilities.
52. Banking Basics  
Cash Control  
Making Money  
Consumer Clout  
Financing Your Future
53. Power of One
54. Five
55. A Better You  
Working on Working  
Family Ties  
Take the Lead  
Speak Out for FCCLA
56. Community Service
57. Six
58. Families Today  
You-Me-Us  
Meet the Challenge  
Balancing Family and Career  
Parent Practice
59. FACTS
60. Families Acting for Community Traffic Safety (FACTS)
61. PLUG IN TO Careers  
SIGN ON to Career Connection  
PROGRAM Career Steps  
LINK UP to Jobs  
ACCESS SKILLS for Career Success  
INTEGRATE Work and Life
62. Dynamic Leadership
63. Student body
64. Students Taking On Prevention
65. Recognize, Report, Reduce
66. Technique for introducing the organization to new members or for reviewing FCCLA facts with experienced members